



## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### MUN CONFERENCE HELD IN DELHI PUBLIC SCHOOL, JALANDHAR

(25<sup>th</sup> & 26<sup>th</sup> OCTOBER, 2025)

Delhi Public School, Jalandhar successfully hosted its prestigious **Summit Sphere'25 on the 25th and 26th of October 2025**, under the leadership of The MUN Club and The Student Council. The event was themed **"Uniting for a Better World,"** bringing together young delegates who engaged in insightful debates, diplomacy, and problem-solving discussions. Students from various institutions participated with great enthusiasm, representing diverse global portfolios and committees. Among the participants, **Prinaaz Kaur** delivered an exceptional performance. Representing the portfolio of **Mahua Moitra**, she showcased strong analytical skills, confidence, and articulate reasoning throughout the sessions. Her impactful speeches and active engagement in committee deliberations earned her the Best Verbal Delegate award. The jury appreciated her clarity of thought, persuasive communication, and consistent participation. The two-day conference concluded with the closing ceremony, where prize winners were felicitated. The event not only enhanced students' public speaking and leadership skills but also strengthened their understanding of global issues. Overall, Summit Sphere'25 proved to be a remarkable platform for young minds to voice ideas, collaborate, and aspire towards building a better and united world.







## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

JUNIOR SPORT COMPETITION (30<sup>th</sup> OCTOBER, 2025)

**“Champions are made from passion, not luck.”**

Guru Nanak Foundation Global School organized its Sports Event for Grades 1 to 5 with great enthusiasm and sportsman spirit. The day began with the march past, showcasing discipline and coordination by our young learners. Students participated in a variety of fun-filled and competitive races such as Sack Race, Lemon and Spoon Race, 100m Sprint, and Tug of War. Their faces lit up with excitement and determination as they gave their best. Principal Ma'am appreciated the efforts of all participants, saying, “Winning is important, but participation teaches us courage, teamwork, and perseverance. “The day truly embodied the spirit of sportsmanship and joy.









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

INTRA HOUSE SPORT COMPETITION (31<sup>st</sup> OCTOBER, 2025)

**“The harder you work, the harder it is to lose.”**

The Senior Wing (Grades 6–12) of Guru Nanak Foundation Global School celebrated its Sports Event with vigor and enthusiasm. The ground came alive with energy as students participated in various track and field events including Relay Race, Shot Put, Long Jump, and 200m Dash. The event commenced with the lighting of the Sports Torch and an inspiring address by the Principal, who motivated the students saying, “True victory lies in discipline, effort, and team spirit.” Competitions among the houses were intense yet friendly. The cheering crowd encouraged every athlete to push their limits. The day reflected perfect coordination, sportsmanship, and enthusiasm.

It was indeed a day that celebrated not just victories, but effort, dedication, and unity.









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### NAGAR KIRTAN AT CENTRAL TOWN (1<sup>st</sup> NOVEMBER, 2025)

On the blessed eve of Guru Nanak Dev Ji's Prakash Utsav, Guru Nanak Foundation Global School participated with great devotion in the Nagar Kirtan organized by the Parbandhak Committee, Gurdwara Diwan Asthan (Regd.), Central Town, Jalandhar. The procession began early in the morning with the Panj Pyare from our school leading with grace and reverence. The divine atmosphere was filled with the melodious strains of Shabad Kirtan rendered by the school band and flute group. Students and staff joined wholeheartedly, chanting hymns and spreading Guru Nanak Dev Ji's sacred message of peace, equality, and universal brotherhood. The residents of Central Town welcomed the Nagar Kirtan with great enthusiasm and reverence. The experience left everyone spiritually enriched as the teachings of Guru Nanak Dev Ji echoed through the streets:

**“Naam Japo, Kirat Karo, Vand Chhako — Remember God, work honestly, and share with others.”**









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### NAGAR KIRTAN AT URBAN ESTATE PHASE 1 (2<sup>nd</sup> NOVEMBER, 2025)

Continuing the spiritual celebrations of Guru Nanak Dev Ji's Prakash Utsav, Guru Nanak Foundation Global School carried out a Nagar Kirtan through Urban Estate Phase 1. Led gracefully by the Panj Pyare, the procession radiated devotion and reverence. The soulful Shabad Kirtan presented by the school band and flute filled the surroundings with divine harmony. Students, teachers, and devotees joined wholeheartedly, spreading Guru Nanak Dev Ji's teachings of equality, humility, and compassion. During the procession, the Head Granthi of the local Gurdwara honoured Principal Dr. Harleen Kaur and lauded her continuous efforts in guiding students towards spiritual and moral values. The atmosphere brimmed with devotion as hymns of peace resonated through the streets.

**“Naam Japo, Kirat Karo, Vand Chhako — Remember God, work honestly, and share with others.” – Guru Nanak Dev Ji**









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### PREMIER YOUTH FOOTBALL LEAGUE (UNDER-18) ( 3<sup>rd</sup> NOVEMBER , 2025)

In alignment with the school's vision to promote excellence in sports, students of Guru Nanak Foundation Global School participated in the Premier Youth Football League (Under-18) held recently. The school team exhibited outstanding performance, showcasing remarkable teamwork, discipline, and determination. Their consistent efforts and sportsmanship led GNFGS to emerge as the winners of the tournament, marking a proud moment for the school. This victory stands as a testament to the dedication of our young players and the guidance of their coaches, inspiring students to continue striving for excellence both on and off the field.





## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### GURUPURAB CELEBRATIONS

#### POEM RECITATION AND QUIZ COMPETITION

(3<sup>rd</sup> NOVEMBER, 2025)

On the sacred eve of Guru Nanak Dev Ji's Prakash Utsav, celebrated on 3rd November, Guru Nanak Foundation Global School (GNFGS) organized a series of inspiring competitions to spread the message and teachings of Guru Nanak Dev Ji among the students.

To inculcate moral and spiritual values, the school conducted a **Poem Recitation Competition for Grades IV to VII**, where students beautifully expressed their devotion and reflected upon the divine teachings of Guru Sahib.

A **Quiz Competition was also held for Grades VIII to XII**, focusing on the lives and principles of the Gurus, aiming to deepen students' understanding of Sikh history and values.

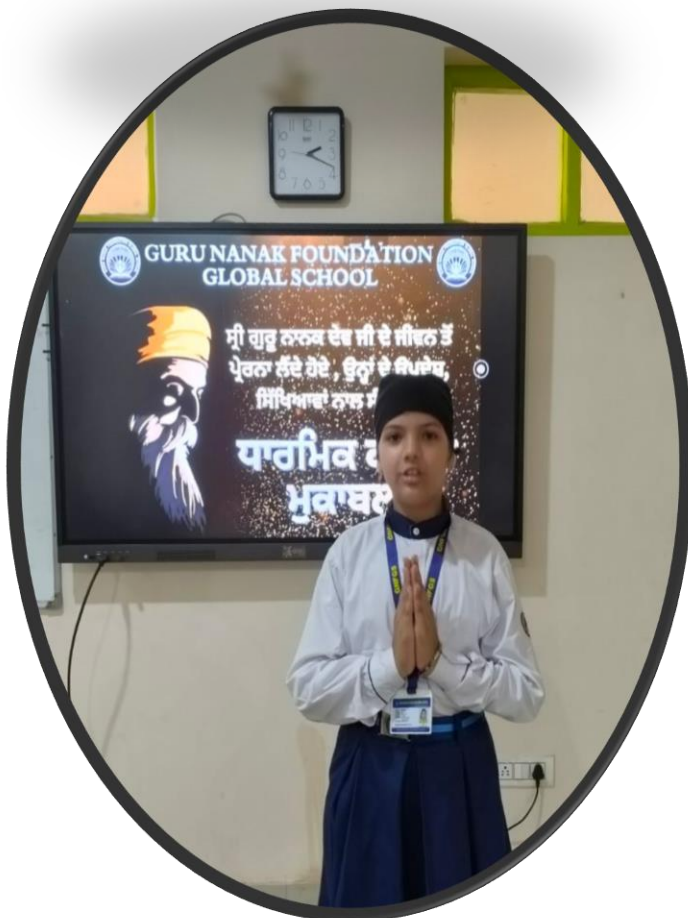
The events not only celebrated the spiritual legacy of Guru Nanak Dev Ji but also encouraged students to walk on the path of truth, humility, and service.

**As Guru Nanak Dev Ji said, "Naam Japo, Kirat Karo, Vand Chhako" —**

Meditate on God's name, earn an honest living, and share with others.

The competitions filled the campus with a spirit of devotion, knowledge, and unity, reminding everyone that true celebration lies in living the teachings of the Gurus.







## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### GURUPURAB CELEBRATIONS

#### PUNJABI ETHNIC ATTIRE AND TURBAN TYING COMPETITION

(4<sup>th</sup> NOVEMBER, 2025)

As part of a series of activities organised to mark Guru Nanak Dev Ji's Prakash Utsav, Guru Nanak Foundation Global School conducted a **Punjabi Ethnic Attire Competition for the primary wing** and a **Turban Tying Competition for the senior students**. Children from the primary classes came dressed in beautiful Punjabi and Sikh attires, reflecting the vibrant culture of Punjab. Their enthusiasm and grace added colour and joy to the celebration as they participated in the Best Attire Competition. The senior students, on the other hand, showcased their skill and reverence during the Turban Tying Competition, held at the campus. These activities not only infused a festive spirit in the school but also helped students connect deeply with the teachings of Guru Nanak Dev Ji, promoting values of faith, discipline, and pride in their cultural identity.











## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### INTER-SCHOOL CRICKET MATCH

( 6<sup>th</sup> NOVEMBER , 2025)

A friendly inter-school cricket match was held on 6 November at Ivy School, where **the teams of GNFG School and GMSS Ladowali** competed with great enthusiasm and sportsmanship. The match witnessed energetic performances, team spirit, and remarkable talent from both sides. From GNFG School, **Safno of Grade 5** delivered an outstanding bowling performance and was declared the Best Bowler of the match. His accuracy, consistency, and confident bowling earned appreciation from players and spectators alike. In the fielding department, Ekam displayed exceptional agility and sharp reflexes, winning the title of Best Fielder. His quick movements and alertness on the ground played a crucial role in supporting his team throughout the match. Overall, the match was a wonderful experience for all participants, promoting teamwork, healthy competition, and a love for sports.







## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### LIFE SAVING SESSION ON CPR TRAINING ( 7<sup>th</sup> NOVEMBER , 2025)

Guru Nanak Foundation Global School organized a highly informative and practical Life Saving Session on CPR Training under the guidance of Lt. Col. (Dr.) Ravikant Nair, Anesthesiologist and Intensivist from the Military Hospital, Jalandhar. The session aimed to equip students and staff with essential life-saving skills and create awareness about the importance of timely medical intervention during emergencies. Dr. Nair demonstrated CPR techniques and explained how a few minutes of correct action can save a precious life.

Speaking on the occasion, Dr. Nair emphasized, “Every second counts when a life is at risk. Knowing CPR empowers you to be the difference between life and death.”

The Principal Dr. Harleen Kaur, staff, and students of GNFGS expressed their heartfelt gratitude to Dr. Nair for his valuable time and guidance. The session concluded with an interactive segment where students actively participated and cleared their doubts. Such initiatives by GNFGS continue to strengthen the school’s commitment to holistic education and community awareness.









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### INTER-SCHOOL COMPETITION AT APEEJAY INSTITUTE OF MANAGEMENT AND ENGINEERING TECHNICAL CAMPUS, JALANDHAR (11<sup>TH</sup> NOVEMBER 2025)

Students of Guru Nanak Foundation Global School, Jalandhar brought laurels to the institution by securing top positions in the inter-school competitions held at **Apeejay Institute of Management and Engineering Technical Campus, Jalandhar**. In the **Henna (Mehndi) category**, **Harshdeep Kaur of Class 8** showcased her artistic excellence and secured the **First Position**. Displaying remarkable creativity and imagination, **Parinaaz of Class +1** won the **Second Position in the Toon Tales (Cartoon) category**. The management, principal Dr. Harleen Kaur and teachers congratulated the winners for their outstanding achievements and encouraged them to continue participating in such events to further enhance their skills and creativity.







## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### CHILDREN'S DAY CELEBRATION (14<sup>th</sup> NOVEMBER, 2025)

Guru Nanak Foundation Global School celebrated Children's Day with great excitement and warmth. The teachers organized a variety of fun-filled games to engage the students and make the day memorable. Students participated with energy and happiness as the campus echoed with laughter and cheer. Teachers distributed sweets, candies and chocolates among the students, adding to the festive spirit. "Children are the heartbeat of our school. Their smiles make every effort worth it," said one of the teachers while expressing joy. Principal Dr. Harleen Kaur personally visited all classes and distributed chocolates to every child, making them feel special. "May you all continue to shine bright and grow into kind, confident individuals. Happy Children's Day!" she wished the students warmly. The celebration concluded with a message of love, care, and appreciation for the young learners, reminding everyone that children truly are the nation's greatest treasure.









## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### DRAWING COMPETITION BASED ON THE THEME

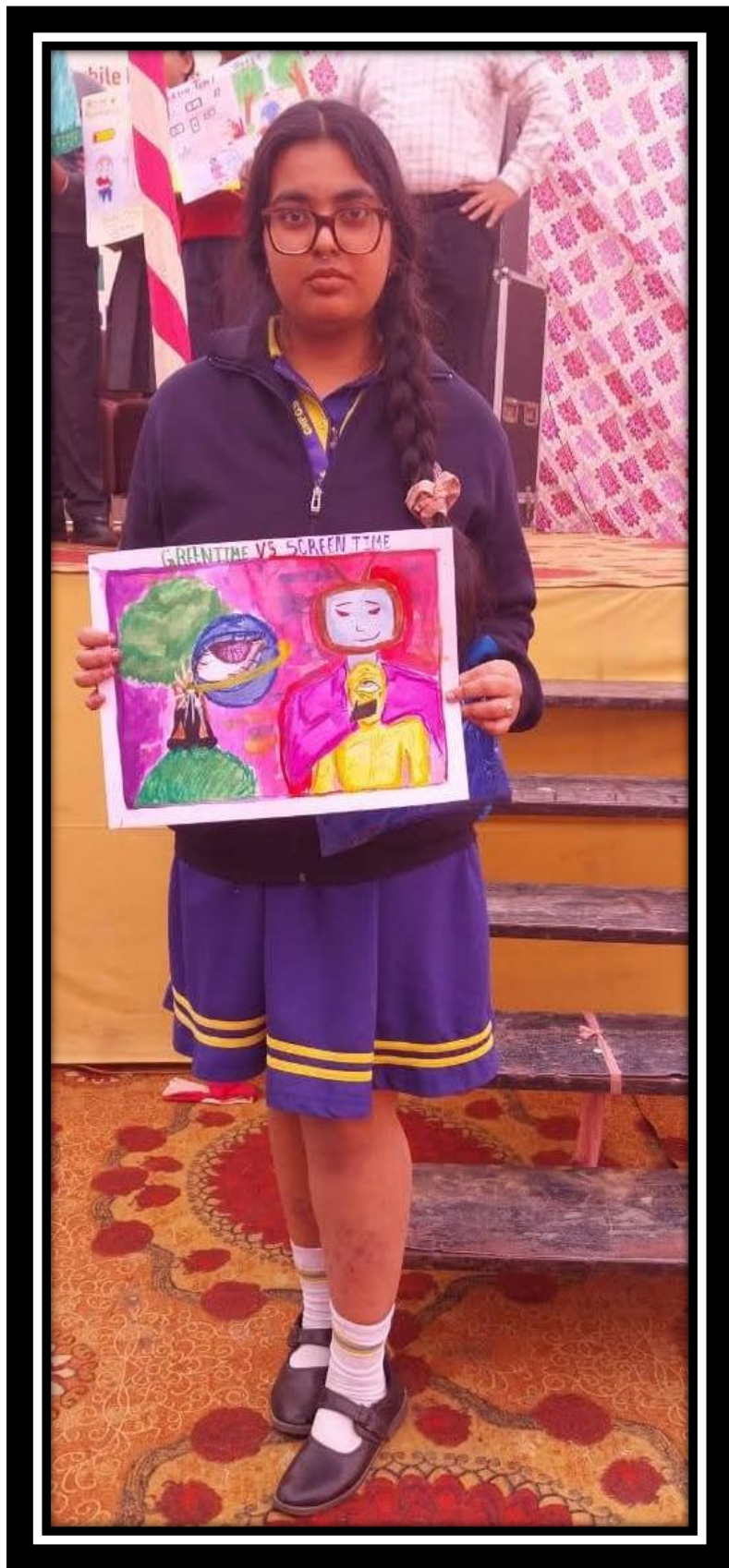
#### “SCREEN TIME VS GREEN TIME”

( 14<sup>th</sup> NOVEMBER 2025)

The Thind Eye Hospital, Jalandhar organized an educational Drawing Competition on 14th November 2025 at 10:00 a.m., based on the theme “Screen Time vs Green Time.” The event aimed to encourage students to reflect on the importance of eye health and to spread awareness about balancing digital screen exposure with time spent in nature. Students from all classes participated enthusiastically, showcasing their creativity through thoughtful and colourful drawings. The competition lasted 45 minutes, during which the young artists expressed ideas about caring for their eyes and adopting healthy habits.

Although the competition was divided into two groups—Primary (1st to 5th) and Middle/Secondary (6th to 10th)—several senior students also prepared artwork to support the awareness drive. Among them, Parinaaz of Grade 11 got a Consolation Prize for her sincere effort and meaningful artistic expression. Her work highlighted the growing need for children to reduce excessive screen exposure and reconnect with nature. Speaking about the event, the authorities of Thind Eye Hospital admired the creativity of the students and said that such activities are essential for cultivating both artistic skills and awareness about personal well-being. The Principal, Dr. Harleen Kaur, also congratulated all participants and encouraged them to continue adopting healthy eye-care practices. The competition concluded with prize distribution and applause for all young artists who brought the message of eye health to life through their drawings.







## GURU NANAK FOUNDATION GLOBAL SCHOOL, JALANDHAR

### GURPURAB CELEBRATION (18<sup>th</sup> NOVEMBER, 2025)

Guru Nanak Foundation Global School celebrated the sacred occasion of Gurbpurab with deep devotion and reverence. The programme began with the soulful recitation of Sukhmani Sahib, creating a serene and spiritual atmosphere. This was followed by Kirtan singing of Shabads with devotion, spreading the message of peace, humility, and universal brotherhood. After the kirtan, the school organized Guru Ka Langar, prepared and served with the collective seva of teachers, students, and parents. The spirit of selfless service prevailed as everyone participated wholeheartedly, upholding the teachings of Guru Nanak Dev Ji. Parents, along with their children, attended the celebration in large numbers, expressing gratitude for the opportunity to be part of such a meaningful event. Their presence enhanced the warmth and devotion of the day. Students too showed great enthusiasm, participating in the spiritual activities and understanding the values of compassion and equality. The Principal Dr. Harleen Kaur addressed the gathering and emphasized that Gurbpurab is not just a celebration, but a reminder to follow the path shown by Guru Nanak Dev Ji.

As Guru Nanak Dev Ji beautifully taught,

**“Naam japo, kirt karo, vand chhako”**

**(Chant the Name of God, work honestly, and share with others.)**

The programme concluded on a harmonious note, leaving everyone inspired by the divine teachings of the Guru.





